



SPECIALIST CARE Ltd
Empowering wellness, Enriching lives

Specialist Care Ltd Brochure

Residential Services • Supported Living • Discharge Pathways

Person-centred services that provide safe, supportive and outcome-focused pathways for adults with complex needs.

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SUPPORTED LIVING



COMFORTABLE SPACES



WELL-EQUIPPED HOMES



EMPATHY



RESPECT



EQUALITY



CARING



INDEPENDENCE

Welcome

Safe, supportive and outcome-focused services

Specialist Care Ltd provides safe, supportive and person-centred services for adults with complex needs. We focus on dignity, structure, wellbeing, partnership working and independence.

Our Approach

- 
Person-centred support
We listen, respect choices and tailor support to each individual.
- 
Positive Behaviour Support
Compassionate, proactive approaches that promote understanding and positive outcomes.
- 
Outcome-focused planning
Clear goals, meaningful activities and progress that makes a real difference.
- 
Collaborative working
We work closely with families, professionals and wider support networks.

What We Offer



Residential Services

Structured 24/7 support in homely environments, including Little Acorns in Eastbourne and new Norfolk services pending CQC.



Supported Living

Flexible, community-based support with access to suitable en-suite accommodation, garden space and nearby local amenities.



Discharge Pathways

Short-term step-down placements for people leaving hospital, with assessment-led planning for long-term accommodation and support.



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Residential Services

Structured support in safe, homely environments

Our residential services provide safe, nurturing and structured support for adults who require a higher level of care and oversight.

What Our Residential Services Offer



24/7 staffing and structured daily support

Round-the-clock support from experienced, compassionate staff.



Support for adults with mental health needs

Specialist understanding and tailored support in a calm, respectful setting.



Positive Behaviour Support and risk management

Proactive strategies that promote safety, wellbeing and independence.



Medication support and daily living assistance

Help with medications, personal care, meals and household tasks.



Support for people with substance misuse histories and forensic backgrounds

Specialist support that promotes rehabilitation, stability and reintegration.



Community access, meaningful activities and planned holidays

Encouraging connection, choice and personal growth.



Current and Emerging Services

- Little Acorns – Eastbourne
- New Norfolk services opening subject to CQC registration

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Little Acorns

A welcoming 15-bed residential home in Eastbourne

Little Acorns is a Specialist Care Ltd residential service that provides a safe, supportive and homely environment for adults with complex needs.

CQC Rated
GOOD



Eastbourne
location



15-bed
residential
setting



Communal
areas and
activity
spaces



Kitchen and
dining
facilities



Bedrooms
that support
privacy and
independence



Structured
support,
planned
activities and
holidays



At Little Acorns, we offer a calm and welcoming home where adults are supported to build confidence, develop routine and access meaningful activities that promote wellbeing, choice and independence.

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Supported Living

Flexible community-based accommodation and support

We work with a local landlord in Norfolk to secure suitable supported living properties that help people live with greater independence while still receiving the right level of support.

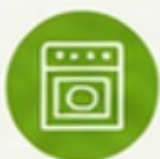
What the Accommodation Can Offer



En-suite bedrooms



Shared lounge and communal spaces



Modern fitted kitchen facilities



Garden space and outdoor access



Access to local amenities and public transport



Professionally managed and well-maintained properties



Example Property Arrangement

Six-bedroom HMO-style property in Norwich featuring en-suite rooms, spacious communal lounge, fully fitted kitchen, conservatory, and private garden—ideal for supported living.

How We Deliver Support



Flexible support hours tailored to individual needs



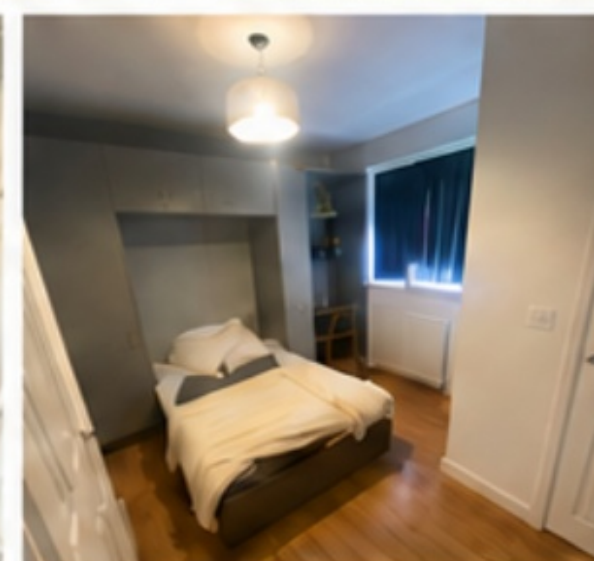
Outcome-focused planning that promotes independence



Community engagement and access to local activities



Tenancy sustainment and wellbeing support



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Discharge Pathways

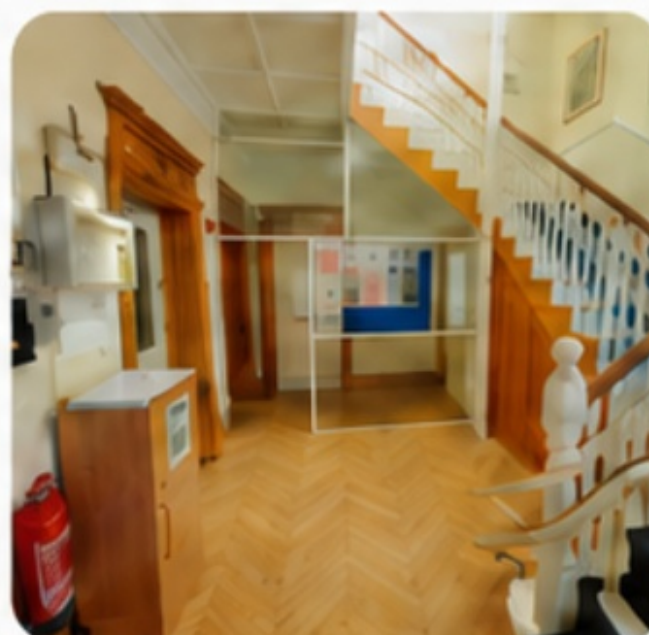
Short-term step-down placements with assessment-led planning

Our discharge pathway service provides safe short-term step-down placements, supports discharge from hospital, and helps free up hospital beds while longer-term needs are assessed.



What This Pathway Helps Achieve

- Supports timely discharge from hospital
- Helps free up hospital beds
- Provides structured short-term support
- Supports professionals with clear assessment feedback
- Improves patient flow while permanent options are assessed



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Why Partner with Specialist Care Ltd

A flexible provider across residential, supported living and discharge pathways.

Specialist Care Ltd offers a joined-up approach that brings together safe accommodation, skilled support and strong partnerships. We help professionals identify the right pathway for each person, delivering consistent, high-quality support that promotes stability, wellbeing and positive outcomes.

What Makes Us Different



Multiple service pathways within one provider

Residential, supported living and discharge pathways delivered seamlessly.



Person-centred and outcome-focused support

We build support around each individual's goals, strengths and aspirations.



Safe, well-managed accommodation

Quality homes in suitable locations, maintained to a high standard.



Partnership working with professionals and families

We communicate openly and collaborate to achieve the best outcomes.



Positive Behaviour Support and structured risk management

Proactive, respectful approaches that reduce risk and build confidence.



Focus on independence, wellbeing and move-on outcomes

We support people to grow, progress and move towards greater independence.



Who We Support

We support adults with mental health needs and other complex presentations, including those who may need structured support before moving on. Our services are designed to meet a wide range of needs, with clear pathways and flexible support that adapts as people's goals change.

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Contact Us

For referrals, pathway discussions and partnership enquiries, please contact Specialist Care Ltd.



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Services:

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